

Yogi job rationale:

In addition to developing our concentration and our wisdom through listening to the wisdom of our teachers and through our own meditative practices, we need to develop kindness, compassion and generosity and other qualities of the heart and mind. These qualities serve as a foundation and help further our spiritual practice and become better human beings. To this end, as well as to help maintain the retreat center so that others may benefit from it, we each participate in “yogi jobs” every day during the retreat. Yogi jobs are best carried out mindfully and joyfully. When you work with an open heart to all those who might benefit from your work, as well as with a sense of gratitude for all who did the work and jobs that you are now benefitting from, it can truly further your practice. This is also one of the things that can easily be taken home from the retreat to improve your everyday life. While not all of us can find the time to meditate every day, we can all try to bring this sense of service and gratitude into the things we see and do in our everyday lives by leaving each place a bit better than when we found it...

(Also, the jobs are not limited to those you see on the sign-up sheet. If you see something that needs to be done, feel free to add it to the list or to drop a suggestion into the donation box.)

**Job Title: Asparagus Patch Maintenance**

**Objective:** Maintain asparagus patch so that asparagus continues to grow and can be harvested each year

**Time:**

Early April (spread salt)

Harvesting Season (for harvesting)

Avoid mowing until after plants seeding season

**Location:**

The asparagus field is near Beardslee road, on the right side of the entrance. We usually use wood sticks and strings to circle around the field, so people won't mow the field. The field usually grows lots of weeds. Chen is not sure if the wood sticks and strings are still there or not.

**Number of people needed (noted if job is male- or female-specific):** 1

**Tools Needed (where to find and put tools back):** Salt

**Coordinator and/or person to contact with questions:** Lina, Chen

**Brief description and instructions:**

Evenly spread 40 lbs of salt in early April to keep the weed out during the harvest season starting in April.

Can pick 2 to 3 times a week during the season, and do not let the plant start seeding because once seeding it stop producing the asparagus.

Do not mow the asparagus field until the plant finish seeding each year otherwise it won't come back next year.

**Other Notes:**

**Job Title: Bird House Cleaning**

**Objective:** Clean out bird houses so that birds can next in them the following year

**Time:** Each year in winter before the end March

**Location:** They were on posts in the back of the Perry house behind where the fenced garden.

**Number of people needed (noted if job is male- or female-specific):** 1

**Tools Needed (where to find and put tools back):** Screw driver

**Coordinator and/or person to contact with questions:** Chen

**Brief description and instructions:**

Remove the old nest from the 4 bird house in winter before the end of March by unscrewing the lower-right corner screw and flipping the right side

**Other Notes:**

"The bird house is probably still there, but was neglected for a while. They were on posts in the back of the Perry house behind where the fenced garden. W/o clean out the old nest, bird do not use it in the next year. For that matter, if there are volunteers, the fenced garden can be reclaimed." -2014-July 3

**Job Title:** Lawn Mowing**Objective:** Mow the lawn where the lawn guy does not mow**Time:** Monthly**Location:** Great Hall and Perry House**Number of people needed (noted if job is male- or female-specific):** 1**Tools Needed (where to find and put tools back):**

Lawn mower, gas (The 5-gallon in Perry House basement and a smaller can in the garage under the table are the only unmixed gas that Chen thinks we have.)

Most of the tools are either on the basement of Perry House or the porch (on the back) of Great Hall.

**Coordinator and/or person to contact with questions:** Chen**Brief description and instructions:**

Mow the lawns where the lawn guy does not do around Great Hall and Perry House.

Do not mow the asparagus field until the plant finish seeding each year otherwise it won't come back next year. The asparagus field is near Beardslee road, on the right side of the entrance. We usually use wood sticks and strings to circle around the field, so people won't mow the field. The field usually grows lots of weeds. Chen is not sure if the wood sticks and strings are still there or not.

**Other Notes:**

**Job Title:** Water Flowers – Great Hall**Objective:** Make sure the AVRC flowers have water and don't die**Time:** Weekly**Location:** Great Hall (and perhaps few at Perry House)**Number of people needed (noted if job is male- or female-specific):** 1**Tools Needed (where to find and put tools back):**

Hose and faucets (located at GH porch)

Water jar for watering flowers at Perry House (It takes some efforts to set up the hose and faucet at PH, yet it can be done. However, we don't have too many flowers to be watered at PH now. So, we just use regular water jar we have. We don't have watering can.)

Gardening gloves for late May when the flower beds are cleaned up. (The gardening gloves should be kept in the Perry House basement, and there may be some on the Great Hall porch in the back where tools go. However, we kept losing gardening gloves frequently, somehow...)

**Coordinator and/or person to contact with questions:** Lina**Brief description and instructions:**

Water the flowers weekly.

In late May, also clean up the flower beds and rearrange/move around the self-seeded flower plants to fill up the flower bed.

**Other Notes:**

**Job Title: Weed Whacking****Objective:** Weed whack so that things don't get overgrown**Time:** Monthly**Location:** Great Hall and Perry House**Number of people needed (noted if job is male- or female-specific):** 1**Tools Needed (where to find and put tools back):**

Weed wacker, gas/oil mixture (The small mixed gas can is not marked, and it is probably in the back porch of the Great Hall.)

Most of the tools are either on the basement of Perry House or the porch (on the back) of Great Hall.

**Coordinator and/or person to contact with questions:****Brief description and instructions:**

Whack the weeds on the parking lot, picnic area (with picnic tables), around the porch, orchard, entrance, and along the street at the Great Hall. Whack the weeds around the tress, and flower beds at Perry House.

**Other Notes:**

**Job Title:**

**Objective:**

**Time:**

**Location:**

**Number of people needed (noted if job is male- or female-specific):** 1

**Tools Needed (where to find and put tools back):**

**Coordinator and/or person to contact with questions:**

**Brief description and instructions:**

**Other Notes:**